

**SAN FRANCISCO HIKING CLUB  
P.O. BOX 14065, SAN FRANCISCO, CA 94114**

Trip Destination : \_\_\_\_\_ Date : \_\_\_\_\_  
Trip Leader: \_\_\_\_\_

**AGREEMENT AND RELEASE OF LIABILITY**

**I am aware that hiking is a hazardous activity, and I am voluntarily participating in this activity with knowledge of the danger involved and hereby agree to accept any and all risks of injury or death.**

I hereby certify that I am not aware of and not under treatment for any physical infirmity or chronic ailment, or injury of any nature, and that I am physically capable of completing the hike.

**As lawful consideration** for being permitted by San Francisco Hiking Club to participate in this hike, I hereby agree that I, my heirs, distributees, guardians, legal representatives and assigns will not make a claim against, sue, attach the property of, or prosecute San Francisco Hiking Club or any of its officers, directors, agents, employees or members for injury, death, or damage resulting from the negligence or other acts, howsoever caused, by any officer, director, agent, employee, or member of San Francisco Hiking Club or any other hike participant, as a result of my participation in this hike. In addition, I hereby release and discharge San Francisco Hiking Club and any of its officers, directors, agents, employees or members from all actions, claims or demands I, my heirs, distributees, guardians, legal representatives, or assigns now have or may hereafter have for injury, death or damage resulting from my participation in this hike. I acknowledge that by participating in Club events my name and/or photo may appear in Club records and/or on the Club web site.

**I have carefully read this agreement and fully understand its contents. I am aware that this is a release of liability and a contract between myself and San Francisco Hiking Club and sign it of my own free will.** I certify that I am 18 years of age or older.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Emrg. Phone: \_\_\_\_\_  
Print Name: \_\_\_\_\_ Address: \_\_\_\_\_  
Email (ask hike leader about this): \_\_\_\_\_  
Member San Francisco Hiking Club ( Yes / No )

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Emrg. Phone: \_\_\_\_\_  
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Follow all rules and instructions of the hike leader; **Hike Safely**

**THIS IS AN IMPORTANT LEGAL DOCUMENT. READ IT CAREFULLY.**

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